### Finding Evidence-Based Answers to Clinical Questions – Quickly and Effectively*

**UC HSL EBM Guide:** [http://guides.libraries.uc.edu/ebm](http://guides.libraries.uc.edu/ebm)

<table>
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<th>I need:</th>
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| **Overview of a particular disease, condition** | What are the differences between depression and bipolar disorder? | - Textbooks (print or online)  
  - AccessMedicine e-book collection  
  - MD Consult e-book collection  
  - Stat!Ref e-book collection  
  - DynaMed  
  - UpToDate  
  - Medscape Reference |
| **Background information** | I have a new patient with sickle cell anemia; I need an overview of this condition. | |
| **Drug information** | What is the pediatric dosage of erythromycin for strep throat? | - eFacts (Facts and Comparisons)  
  - Epocrates Online  
  - American Hospital Formulary Service (AHFS) Drug Information*  
  - MEDLINE/PubMed  
  - Scopus (includes EMBASE citations) |
| | What drugs have been approved by the FDA for the treatment of Alzheimer’s? | |
| **A “synthesis” of best practice recommendations for disease management** | What’s the latest on the management of panic disorder? | - Cochrane Library  
  - DynaMed  
  - MEDLINE/PubMed (click on Clinical Queries; look at results in Systematic Reviews column)  
  - National Guideline Clearinghouse  
  - TRIP (simultaneously searches multiple resources, including systematic reviews and practice guidelines)  
  - UpToDate |
| (critically-appraised topics) | What’s the best method of pain control in children? | |
| **An answer to a narrow question that isn’t addressed in the synthesis resources** | In a 70 year old woman with primary insomnia and a previous adverse reaction to hypnotics, can cognitive behavior therapy improve sleep quality and duration? | - MEDLINE/PubMed (click on Clinical Queries; look at results in Clinical Study Categories column)  
  - TRIP (simultaneously searches multiple resources, including systematic reviews and practice guidelines)  
  - ACP Journal Club  
  - CINAHL  
  - Scopus (includes EMBASE citations) |
| (critically-appraised articles and unfiltered information) | In a toddler with croup, does dexamethasone (or other glucocorticoids) reduce symptoms better than standard supportive care? | |
| **Evidence-based information about alternative therapies** | Is melatonin safe and effective for treating insomnia? | - MEDLINE/PubMed (limit to “Complementary Medicine” subset and “Randomized Controlled Trial” publication type)  
  - National Center for Complementary and Alternative Medicine  
  - Natural Standard Database  
  - Rakel: Integrative Medicine (textbook) |
| | Does music therapy help surgical patients heal faster? | |
| **Information to share with patients** | Where can I find some nutrition information for my newly-diagnosed patient with diabetes? | - DynaMed  
  - MedlinePlus  
  - Informed Health Online |

*Table from the Dartmouth Biomedical Libraries. UC resources substituted for Dartmouth resources. Original handout available at [http://www.dartmouth.edu/~biomed/resources.htmlmd/guides/FindingGoodAnswers.pdf](http://www.dartmouth.edu/~biomed/resources.htmlmd/guides/FindingGoodAnswers.pdf).